

Angels of Valor Lunch Ideas

Deli Meat in a Pita with baby carrots

Adobo Chipotle Chicken Salad ( recipe for chicken in dinners)

Tuna with apples and grapes made with greek yogurt dressing ( I like Opa Ranch) on a whole wheat english muffin or salad

Egg Salad in a pita with greek yogurt instead of mayo ( i do add a little spicy mustard to mine!)

Veggie Stack Pita Pockets

<http://www.foodnetwork.com/recipes/food-network-kitchen/veggie-stack-pita-pockets-recipe>

Santa Fe Chicken Salad

<http://www.delish.com/cooking/recipe-ideas/recipes/a50635/santa-fe-chicken-salad-recipe/>

Skinny Burrito Bowl

[http://www.delish.com/cooking/recipe-ideas/recipes/a46525/skinny-burrito-bowl-recipe/?visibility\\_override](http://www.delish.com/cooking/recipe-ideas/recipes/a46525/skinny-burrito-bowl-recipe/?visibility_override) ( I use my own taco season mix! I'll share that too)

Taco Lettuce Cups <http://www.delish.com/cooking/recipes/a47804/taco-lettuce-cups-recipe/> ( I use greek yogurt instead of sour cream

The Feta Wrap

<http://www.delish.com/cooking/nutrition/g1441/healthy-packed-lunches/?slide=11>

Garlic Shrimp Caesar Salad

<http://www.delish.com/cooking/recipe-ideas/recipes/a36808/garlic-shrimp-caesar-salad-recipe-gk1114/>